

Pension Life

Your connection to the Municipal Pension Plan

Effective stewardship, lasting strength

Message from the board chair

As someone who has been part of the plan for many years, I understand how important a dependable pension is in retirement. It’s something I’ve appreciated personally, and as chair of the board of trustees, I’m proud to help protect that security for all members.

The board’s job is to look ahead and make decisions that support the plan’s long-term strength. Much of that strength comes from our diversity—of experience, investments, perspectives and the many members we serve across the province. Through effective governance, we help protect the plan’s stability, support sustainable growth and ensure it continues to meet the needs of members and employers across BC.

And that diversity really shows in our retired membership. You are among a group that ranges in age from 50 to 105. Perhaps you’ve retired from a career in nursing, social work, therapy, emergency services, administration or one of many others. You live in communities across BC—from Fort Nelson to Colwood, from the Village of Daajing Giids to Fernie. You are part of this diverse community of more than 135,000 retired members.

We are proud to continue to offer a reliable lifetime pension to every single member. In 2025, the plan continued to perform well. Assets grew from \$86.9 billion to \$93.9 billion, supported by a one-year investment return of 7.6 per cent and nearly \$6.8 billion in investment income. This steady growth reflects the value of a long-term investment approach designed to stay resilient through market ups and downs.

I invite you to join us for the plan’s annual general meeting, **MPP: A Year in Review**, taking place online on October 15. Early registration is open on the plan website: mpp.pensionsbc.ca/annual-general-meeting. At the event, the board will share an update on the plan’s financial position and highlight key work from the past year. I look forward to seeing you there.



Donna Lommer,
board chair

Did you know?

Faster. Safer. Paper-free.

Skip the mailbox and get your tax slips and annual statements instantly in My Account. Everything is ready for you online—no paper, no waiting. Decide you still want paper? You can change your mind anytime.

Need proof of pension income?

Download your income verification letter directly from My Account anytime. It’s fast, secure and ready when organizations request confirmation of your pension payments.

COLA updates you can count on

Cost-of-living adjustment (COLA) rates are announced at year-end. Want to understand how COLA works? Visit the Municipal Pension Plan cost-of-living adjustments page to learn more.

mpp.pensionsbc.ca/cost-of-living-adjustments

Let’s celebrate your retirement journey

We’re looking for volunteers to take part in upcoming photoshoots and be featured in pension communications. A professional photographer will come to you and capture moments that celebrate the people behind our pension plan.

As a thank you, you’ll receive free digital copies to share with family and friends. You may also be invited to share your retirement story—helping inspire and connect others in our community.

To participate, email memberphotos@pensionsbc.ca



Judith McLean,
retired member



Register for My Account



✓ Update your personal information	✓ Manage your beneficiaries
✓ Create an income verification letter	✓ View and print your T4A
✓ Go paper-free	✓ Contact us using Message Centre
✓ View payments and statements	✓ View health and dental coverage



Visit myaccount.pensionsbc.ca or scan the QR code with your mobile device.

It's time for a security checkup

Keeping your online account safe takes less time than you might think.



Follow these three simple steps to keep your account safe:

- Username: Avoid using your real name or your birth year. It should be hard for a stranger to guess.
- Password: Use a longer passphrase instead of a single word. Mix in some uppercase letters, numbers and symbols to make it unique.
- Contact information: We use two-step verification to keep you safe. Keep your email address up to date so you can receive the secure sign-in code.

Read *Get cyber safe* for more helpful tips to protect yourself online: mpp.pensionsbc.ca/get-cyber-safe

Join us
We are stronger together



Municipal Pension Retirees' Association

Did you know over 12,000 retired members benefit from the MPRA? Become part of a community that ensures your voice is heard.

Why join?

- We represent your interests.
- Exclusive access to travel, health and house insurance.
- Rewards program with discounts at select retailers, including travel.

FREE for the first year!
Visit mpra.ca
or call [250-768-1519](tel:250-768-1519)



Municipal Retiree Benefit Trust

Supporting your health and well-being in retirement

The **Municipal Retiree Benefit Trust (MRBT)** supports over 90,000 retired Municipal Pension Plan (MPP) members with access to extended health and dental coverage.

Make the Most of Your Extended Health & Dental Benefits

To help you get the most from your coverage, MRBT offers a range of helpful tools and resources.

Visit the **MRBT Portal** to:

- Watch the MRBT educational videos:
 - [What is the MRBT](#)
 - [How the MRBT is funded](#)
 - [The cost drivers behind the MRBT plan](#)
- Learn what is covered under the MRBT plan
 - Read the [MRBT Retiree Guide](#) for frequently asked questions and general information.
 - Access the [Benefits Booklet](#) and [Benefits-at-a-Glance](#).

Log in to your **PBC Member Profile** to view your coverage limits and submit claims.



A message from our service provider and partner, Pacific Blue Cross:

Pharmacy Compass helps members make informed prescription decisions by comparing medication costs, dispensing fees and pharmacy options. This tool allows our members to competitively shop for the best prices amongst their local pharmacies across British Columbia. Learn more through the [Pharmacy Compass Tool](#) and [FAQ](#).

Mark your calendar for the **MRBT information session on October 15, 2026**, during the MPP Year in Review (AGM).

Pension Life is published twice a year. You may receive more than one copy of Pension Life if you receive a pension from more than one plan. Read your statement letter to determine which plan provides your group benefits. Any person entitled to a benefit, or their agent, has the right to examine plan documents, data and public information about the plan.

Pension payments 2026

July 30	October 29
August 28	November 27
September 28	December 23

For banks outside Canada, direct deposit dates may vary.

For more information, visit mpp.pensionsbc.ca/pension-payments-and-dates



Municipal Pension Plan

Pension Life

When contacting the plan, please include your Person ID number (found on your pension statement).

- Web: mpp.pensionsbc.ca
Toll-free: [1-866-876-6677](tel:1-866-876-6677) (Canada/U.S.)
Mail: PO Box 9460, Victoria BC V8W 9V8